

Self-Sufficiency Matrix

Participant Name: _____

Date: _____

9/29/20

Participant Needs Assessment

WISP ID: _____

Annual assessment/interim review completed on WISP ☐

Domain	1	2	3	4	5	Score	Participant Goal?
Housing	Experiencing homelessness or threatened with eviction.	In transitional, temporary or substandard housing, and/or rent is unaffordable (over 30% of income).	In stable housing that is safe but only marginally adequate.	Household is in safe, adequate subsidized housing.	Household is in safe, adequate, unsubsidized housing.		
Employment	No job.	Temporary, part-time, or seasonal job; inadequate pay, no benefits.	Employed full time; inadequate pay; few or no benefits.	Employed full time with adequate pay and benefits.	Maintains perm. employment with adequate income and benefits.		
Income	No income.	Inadequate income and/or spontaneous or inappropriate spending.	Can meet basic needs with subsidy; appropriate spending.	Can meet basic needs and manage debt without assistance.	Income is sufficient, well managed; is able to save.		
Food	No food or means to prepare it. Relies heavily on other sources of free or low-cost food.	Household has FoodShare.	Can meet basic food needs, but requires occasional assistance.	Can meet basic food needs without assistance.	Can choose to purchase any food household desires.		
Child Care	Needs childcare, but none is available/accessible and/or child is not eligible.	Childcare is unreliable or unaffordable, or has inadequate supervision.	Affordable subsidized childcare is available, but limited.	Reliable, affordable childcare is available, no need for subsidies.	Able to select quality childcare of choice.		
Children's Education	One or more school-aged children not enrolled in school.	One or more school-aged children enrolled in school, but not attending classes.	Enrolled in school, but one or more children only occasionally attending classes.	Enrolled in school and attending classes most of the time.	All school-aged children enrolled and attending on a regular basis.		
Adult Education	Literacy problems and/or no high school diploma/GED are serious barriers to employment.	Enrolled in literacy or GED program, or language is not a barrier to employment.	Has high school diploma/GED.	Needs additional education/training to improve employment situation and/or to resolve literacy issues.	Has completed education/training needed for employment. No literacy issues.		
Health Care Coverage	No medical coverage with immediate need.	No medical coverage and great difficulty accessing medical care when needed. Some household members may be in poor health.	Only some household members have medical coverage.	All members can get medical care when needed, but may strain budget.	All members are covered by affordable, adequate health insurance.		
Life Skills	Unable to meet basic needs such as hygiene, food, activities of daily living.	Can meet a few but not all needs of daily living without assistance.	Can meet most but not all daily living needs without assistance.	Able to meet all basic needs of daily living without assistance.	Able to provide beyond basic needs for household.		
Family/Social Relations	Lack of necessary support from family or friends; abuse is present or there is child neglect.	Family/friends may be supportive, but lack ability or resources to help; family members do not relate well; potential for abuse/neglect.	Some support from family/friends; family members seek to change negative behaviors; are learning to communicate and support.	Strong support from family or friends. Household members support each other's efforts.	Has healthy/expanding support network; household is stable and communication is consistently open.		

Domain	1	2	3	4	5	Score	Participant Goal?
Mobility	No access to transportation, public or private; may have car that is inoperable.	Transportation is available but unreliable, unaffordable; may have car but no insurance/license.	Transportation is available and reliable, but limited, inconvenient; drivers are licensed and minimally insured.	Transportation is generally accessible to meet basic travel needs.	Transportation is readily available and affordable; car is adequately insured.		
Community Involvement	Not applicable due to crisis situation; in "survival" mode.	Socially isolated and/or no social skills and/or lacks motivation to become involved.	Lacks knowledge of ways to become involved.	Some community involvement (advisory/support group), but has barriers (childcare, transportation).	Actively involved in community.		
Parenting Skills	There are safety concerns regarding parenting skills.	Parenting skills are minimal.	Parenting skills are apparent but inadequate.	Parenting skills are adequate.	Parenting skills are well developed.		
Legal	Current outstanding tickets or warrants.	Current charges/trial pending, noncompliance with probation/parole.	Fully compliant with probation/parole terms.	Has successfully completed probation/parole within past 12 months, no new charges.	No active criminal justice involvement in 12+ months and/or no felonies.		
Mental Health	Danger to self or others; recurring suicidal ideation; experiencing severe difficulty in day-to-day life due to psychological challenges.	Recurrent mental health symptoms that may affect behavior, but not a danger to self/others; persistent issues with functioning due to symptoms.	Mild symptoms may be present but are transient; only moderate difficulty in functioning due to symptoms.	Minimal symptoms that are expected responses to life stressors; only slight difficulty in functioning.	Symptoms are absent or rare; good functioning in wide range of activities; no more than every day concerns.		
Substance Abuse	Meets criteria for severe abuse/dependence; resulting problems so severe that institutional setting or hospitalization may be necessary.	Meets criteria for dependence; preoccupation with use and/or obtaining drugs/alcohol; withdrawal or withdrawal avoidance behaviors evident; avoidance or neglect of essential life activities.	Use within last 6 months; evidence of persistent or recurrent social, work, emotional, or physical issues related to use (disruptive behavior, housing problems); issues have persisted for 1+ months.	Client has used during last 6 months, but no evidence of persistent or recurrent social, work, emotional, or physical issues related to use; no evidence of recurrent dangerous use.	No drug use/ alcohol abuse in last 6 months.		
Safety	Home or residence is not safe; immediate level of lethality is extremely high; possible CPS involvement.	Safety is threatened/ temporary protection is available; level of lethality is high.	Current level of safety is minimally adequate; ongoing safety planning is essential.	Environment is safe, but future safety is uncertain; safety planning is important.	Environment is apparently safe and stable.		
Disabilities	In crisis - acute or chronic symptoms affecting housing, employment, social interactions, etc.	Vulnerable - sometimes or periodically has acute or chronic symptoms affecting housing, employment, social interactions, etc.	Safe - rarely has acute or chronic symptoms affecting housing, employment, social interactions, etc.	Building capacity - asymptomatic, condition improved by services or medication.	Thriving - no identified disability.		
Other (Optional)	In crisis (explain):	Vulnerable (explain):	Safe (explain):	Building capacity (explain):	Empowered (explain):		